

# Nurse Aide/Assistant

## 125 hours



### Overview:

This program will prepare students for the **New York State (NYS) Nursing Home Nurse Aide Competency Examination** in order to work as an entry-level Nurse Aide/Assistant on a healthcare team in various nursing homes/residential health care facilities and hospitals.

This course provides training in fundamental nursing skills and theory and is designed to meet the New York State Department of Health curriculum requirements while preparing the student for the NYS Nurse Aide Certification Examination. The course includes both theory and hands-on clinical training in addition to an externship in a Residential Health Care Facility (RHCF).

**Our Nurse Aide/Assistant Course Curriculum is approved by the New York State Education Department (NYSED) and by the New York State Department of Health (NYSDOH).**

### Who Should Attend?

This course is designed for those (men and women) seeking employment as Nurse Aide/Assistant, and is recommended for all students considering nursing careers.

### What does a CNA do?

- Provide physical support to assist patients to perform daily living activities
- Document or report observations of patient/resident behavior
- Measure and record food and liquid intake
- Provide infection control and changed bedding

### Topics Covered:

- |  |      |       |
|--|------|-------|
| • Basics of Being a RHCF Nurse Aide/Assistant            | 25   | Hours |
| • Basic Nursing Skills                                   | 11   | Hours |
| • Personal Care Skills                                   | 41.5 | Hours |
| • Mental Health and Social Service Needs                 | 2.5  | Hours |
| • Care of Residents with Special Needs                   | 7    | Hours |
| • Basic Restorative Services                             | 8    | Hours |
| • Supervised Clinical Experience (Externship at an RHCF) | 30   | Hours |
| • CPR Certification Preparation                          |      |       |

### WHAT'S INCLUDED:

1. All Study Materials
2. Uniform & Supplies
3. Preparation for CNA NYS Certification Exam
4. Externship in a Nursing Home/RHCF
5. CPR Training and preparation for CPR Certification
6. Job Placement Assistance

**Please call 212-947-7940 to register or with any inquiries.  
(Toll Free: 888-858-1848)**